



As part of your membership with our CSA, we will provide to you free access to Local Thyme CSA Meal Planning Service for the 2017 season. Local Thyme has been rated by its members as the #1 resource for information and recipes for CSA vegetables over any other internet resource, cookbook or magazine. Their mission is to teach you how to “Cook Your Way through Your CSA.”

Here are some of the features that makes Local Thyme a one stop shop for cooking through your season’s box:

- 4000 seasonal vegetable-centric recipes
 - o Searchable Database
 - o Recipes that show ideas for variations on a recipe based on what you have on hand
 - o Create your own meal plan and generate a shopping list
- Extensive Vegetable Guide
 - o Photos to help ID veggies
 - o Basic preparation/cooking instructions for each vegetable
 - o Storage and Preservation information
- Tips and Tricks
 - o Vegetable and Meal Preparation Tips
 - o Pantry and Kitchen Equipment Guides
- Recipe Box
 - o Keep track of favorite recipes
- Ask the Chef
 - o 7 day a week chef support for cooking/recipe questions

Local Thyme will provide ideas for helping you cook through your share, but everyone has their separate style of cooking and needs different types of recipes. Local Thyme will provide each week:

- o A Variety of Comforting Classic Recipes based on what is in your box
- o A Variety of Outside the Box Recipes based on what is in your box

The recipes will give options for omnivore, gluten free and vegetarian diets. All of Local Thyme’s recipes use ONLY the produce included in your week’s CSA share plus common pantry items.

Closer to the start of our season, we will send you instructions on how to set up your free membership with Local Thyme.